

The Confident Patient:

Managing a gMG Treatment Switch

Exploring another treatment option

- What makes me a good candidate for this treatment?
- When would we ideally start? How long would it last?
- How does it work differently than my current treatments?
- How is it administered – at home or in a clinic?
- If I'm administering at home by myself, who will teach me how to do it? If at a clinic, when and where will that happen?
- What symptoms should I monitor during the transition?

Understanding your PA requirement

- Does this treatment require prior authorization?
- What is the usual turnaround time for PA decisions?
- Is there a phone number or online portal where I can check the status?
- Who should I contact if I don't hear anything by the expected timeline?
- What medical records, notes, or past treatments are being submitted?
- Will your office help with an appeal or resubmission?

Keeping up to date with vaccinations

- Are there required vaccinations for this treatment?
- Of my regular vaccinations, are there any that can't be updated during my new treatment?
- If I need to update a vaccination before we start, how far in advance of my treatment date can I do it?
- Can we review my immunization record together today?

Symptom check-in

- ☐ More frequent double or blurred vision
- ☐ Drooping eyelids
- ☐ Muscle weakness in your neck, arms, or legs
- ☐ Voice sounding softer or more slurred after talking for a while
- ☐ Greater fatigue than usual

Logistics Checklist

- ☐ Prior authorization submitted by your doctor.
- ☐ Supplies needed for administration at home or a clinic.
- ☐ Hands-on training for any steps you'll do at home.
- ☐ Pharmacy on file is up to date.
- ☐ Vaccination record and timing for any updates.

Notes:

Myasthenia Gravis

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